# **VOUTH RISK** BEHAVIOR SURVEY RESULTS 2017





TOBACCO, DRUGS, & ALCOHOL

#### EATING HABITS, PHYSICAL ACTIVITY









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#### **EXECUTIVE SUMMARY**

The Youth Risk Behavior Survey (YRBS) was developed by the Division of Adolescent and School Health, a part of the Centers for Disease Control and Prevention (CDC). The YRBS currently tracks health risk behaviors among  $6^{th} - 12^{th}$  graders in six categories:

- 1. Behaviors that contribute to unintentional injuries and violence;
- 2. Tobacco use;
- 3. Alcohol and other drug use;
- Sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases, including human immunodeficiency virus (HIV) infection;
- 5. Unhealthy dietary behaviors; and
- 6. Physical inactivity.

This report highlights findings from the 2017 Broward County middle school and high school surveys. Both middle school and high school students in Broward County have made progress toward several positive behaviors.

#### **Middle School Findings**

Findings were collected from 1,446 randomly selected middle school students from across 39 of the district's 41 middle schools. YRBS data from 2013, 2015, and 2017 were used to demonstrate trends and changes in middle school youth behaviors. Significant *positive* changes in behavior among middle school students include <u>decreases</u> in *cigarette use* and use of *electronic vapor products* since 2015.

Other *positive* changes among middle school students were observed in:

- Wearing protective gear while bicycling, rollerblading, and/or skateboarding
- Physical fighting
- Marijuana or Cocaine use
- Steroid use without a doctor's consent
- Eating habits and physical activity
- TV viewership

#### **High School Findings**

Findings were collected from 938 randomly selected high school students across 29 of the district's 30 high schools. Data from 2011, 2013, 2015, and 2017 were used to demonstrate trends and changes in high school youth behaviors. Significant **positive** changes in behavior among high school students were observed in the use of *electronic vapor products* since 2015.

Other *positive* changes observed among high school students were found in:

- Carrying a weapon
- Physical fighting
- Suicidal ideations
- Sexual dating violence
- Bullying

- Tobacco, alcohol, and other drug use
- Sexual intercourse and pregnancy prevention
- Eating habits and physical activity

#### **Sexual Minority Youth Findings**

This report also highlights findings related to sexual minority youth, defined as those who identify as gay, lesbian, bisexual, or transgender. Among Broward County high school students:

- 4.6% and 3% of sexually active female and male high school students report having sexual contact with persons of the same gender.
- 7.5% of sexually active high school students report having sexual contact with persons of both genders, a **net 1.9% increase** since 2015.
- 12.2% of high school students identified as gay, lesbian or bisexual, an **increase of 1.5%** since 2015.
- 3.3% of high school students identified as transgender in 2017.

Among the Broward County high school students that report same sex/both sexes sexual contact:

- 43.3% have ever had sexual intercourse
- 9.5% have had sexual intercourse before age 13
- 12.4% have had sexual intercourse with four or more partners in their lifetime
- 40.3% have felt sad or hopeless almost every day for two weeks in a row in the 12 months prior to the survey
- 33.4% have considered suicide and 26.1% have attempted suicide in the 12 months prior to the survey

Youth that report same sex/both sexes sexual contact are reporting these behaviors at higher percentages than youth that report having sexual contact only with the opposite sex.

#### **INTRODUCTION**

Among youth, the leading causes of mortality, morbidity, and social problems stem from six health-risk behaviors: 1) behaviors that contribute to unintentional injuries and violence; 2) tobacco use; 3) alcohol and other drug use; 4) sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases, including human immunodeficiency virus (HIV) infection; 5) unhealthy dietary behaviors; and 6) physical inactivity.

Current research indicates that just over 70% of deaths among 10 to 24-year olds in the United States are the result of three major causes: 1) unintentional injuries (including motor vehicle accidents); 2) suicide; and 3) homicide<sup>1</sup>. Many of the health-risk behaviors youth engage in lead to these causes of death and are preventable<sup>2</sup>. Additionally, they are interrelated and often begin in early childhood and continue into adulthood.

The Youth Risk Behavior Survey (YRBS) was developed by the Division of Adolescent and School Health, a part of the Centers for Disease Control and Prevention (CDC), to measure these and other health risk behaviors among 6th to 12th graders. The YRBS measures these behaviors through an anonymous survey given to randomly selected students. The survey has been conducted since 1991 in odd-numbered years nationally, by states, territories, tribal governments, and large cities/school districts. The main purposes of the YRBS are to:

- 1. Determine the prevalence of health-risk behaviors among youth;
- 2. Assess whether these behaviors increase, decrease, or remain the same over time; and
- 3. Evaluate and improve health-related policies and programs.

Measuring these health-risk behaviors play an important part in the prevention practices identified and addressed in our schools. The insights gained from looking at these findings can provide school administrators, teachers, parents, and community agencies with vital information to inform policy, create resources, and provide services that will ensure that all children have the opportunity to grow and learn. This is important because behaviors such as alcohol use, drug use, and sexual behaviors have been determined to impact academic achievement, absenteeism, and dropout rates. Findings from the YRBS data have been used in numerous studies at the local, state, and national level. Information on the YRBS, including state and national findings, can be found at:

http://www.cdc.gov/HealthyYouth/yrbs/index.htm.

<sup>&</sup>lt;sup>1</sup> National Vital Statistics Reports, Vol. 65, No. 5, June 30, 2016.

<sup>&</sup>lt;sup>2</sup>Miniño AM. Mortality among teenagers aged 12-19 years: United States, 1999-2006. NCHS data brief, no 37. Hyattsville, MD: National Center for Health Statistics. 2010.

### **METHODS**

The YRBS is a statewide, school-based confidential survey of Florida's public-school students. The first Florida YRBS was administered to high school students in 1991. Since 2001, the YRBS has been jointly administered in odd-numbered years by the Florida Departments of Health and Education. State data collection for the YRBS does not include county-level data. However, six Florida counties (Broward, Duval, Hillsborough, Miami-Dade, Orange, and Palm Beach) are or have been funded by the Centers for Disease Control and Prevention (CDC) to collect county-level data.

In 2017, the YRBS was administered to both middle and high school students in Broward County. The findings in this report are based on the responses from 1,446 randomly selected middle and 938 high school students who completed the YRBS. YRBS data from 2011 - 2017 were used to demonstrate trends and changes in youth behaviors. Middle school survey data only reflects 2013-2017 – as the survey was first administered in 2013.

Additionally, to provide context to the self-reported behavior of Broward County students, a comparison to statewide and national trends is included. Statewide and national-level data was not available for middle school students.

### **COMPOSITION OF MIDDLE SCHOOL SAMPLE**

	20	013	20	15	2017		
Demographic Characteristics	%	#	%	#	%	#	
Gender							
Male	51.5	720	51.4	745	51.7	748	
Female	48.5	770	48.6	759	48.3	698	
Total	100.0	1,490	100.0	1,504*	100.0	1446	
Race							
Black	40.1	451	40.2	514	39.6	573	
Hispanic/Latino	28.0	541	28.9	520	15.5	224	
White	25.2	314	23.5	248	35.9	519	
Other races	3.9	88	3.7	91	5.1	74	
Multiple races	2.7	61	3.6	79	3.9	56	
Total	99.7	1,455	100.0	1,452	100	1446	
Grade							
6th	32.4	433	31.5	409	33.4	483	
7th	33.3	535	33.3	423	33.0	477	
8th	34.0	511	34.8	655	33.1	479	
Ungraded or other grade	N/A	N/A	0.5	7	0.5	7	
Total	99.6	1,479	100.0**	1,494	100.0	1446	
Total	1,4	496	1,5	511	1,	446	

Demographics of Broward County Middle School YRBS Respondents: Percent (%) and Count (#)

\*The total number of survey respondents will vary because not every student provided an

answer to each of the demographic questions.

\*\*Percentages are rounded; therefore, all totals will not equal 100.

### **COMPOSITION OF HIGH SCHOOL SAMPLE**

	20	)11	20	13	20	2015		2017	
Demographic Characteristics	%	#	%	#	%	#	%	#	
Gender									
Male	50.9	858	50.7	661	51.3	706	50.1	470	
Female	49.1	801	49.3	772	48.7	698	49.9	468	
Total	100.0	1,659	100.0	1,433	100.0	1,413	100	938	
Race									
Black	38.5	558	37.7	458	38.2	471	39.3	369	
Hispanic/Latino	24.8	527	28.7	530	29.2	491	11.6	109	
White	30.2	407	27.2	294	26.0	283	40.5	380	
Other races	4.2	87	4.2	81	4.4	89	4.9	46	
Multiple races	2.3	51	2.2	43	2.3	48	3.7	35	
Total	100.0	1,630	100.0	1,406	100.0	1,382	100.0	939	
Grade									
9th	25.0	491	25.7	385	26	444	26.1	245	
10th	25.8	455	26.4	341	25	299	26.3	247	
11th	24.1	431	23.7	316	24.5	352	24.8	233	
12th	24.8	284	23.6	383	24.2	289	22.7	213	
Ungraded or other grade	N/A	N/A	N/A	N/A	0.3	5	0.1	1	
Total	99.7	1,661	99.4	1,425	100.0	1,389	100.0	939	
Total	1,6	581	1,4	143	1,4	113	93	38	

Demographics of Broward County High School YRBS Respondents: Percent (%) and Count (#)

\*The total number of survey respondents will vary because not every student provided an answer to each of the demographic questions.

\*\*Percentages are rounded; therefore, all totals will not equal 100.

# MIDDLE SCHOOL YRBS DATA



PERSONAL SAFETY



BULLYING



TOBACCO, DRUGS, AND ALCOHOL



SEXUAL ACTIVITY

SEXUAL ACTIVITY

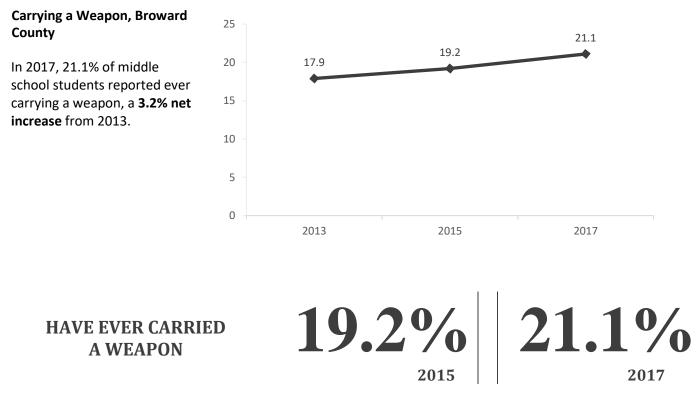


EATING HABITS AND PHYSICAL ACTIVITY

# **Middle School Personal Safety**

### **CARRYING A WEAPON**

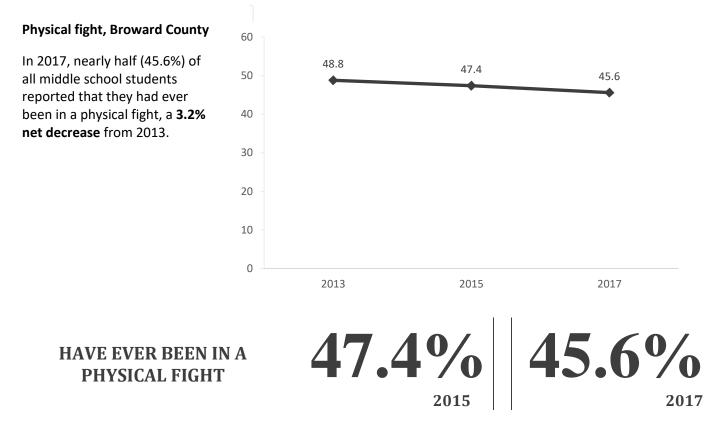
The chart below depicts the percentage of middle school students who reported ever carrying a weapon such as gun, knife, or club.



\*National and Florida data was not available.

#### **PHYSICAL FIGHTING**

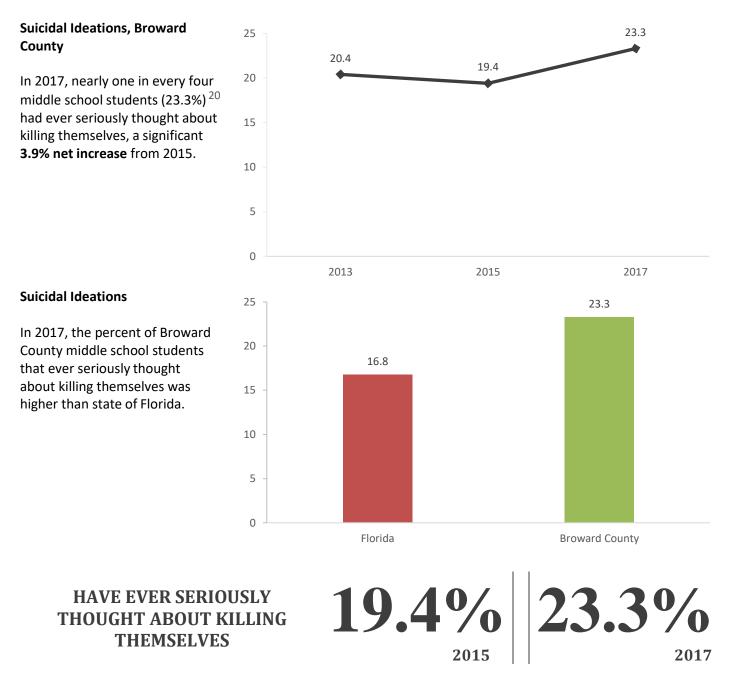
The chart below depicts the percentage of middle school students that reported ever having been in a physical fight.



\*National and Florida data was not available.

#### SUICIDAL IDEATIONS

The charts below depict the percentage of middle school students that reported that they had seriously thought about killing themselves.

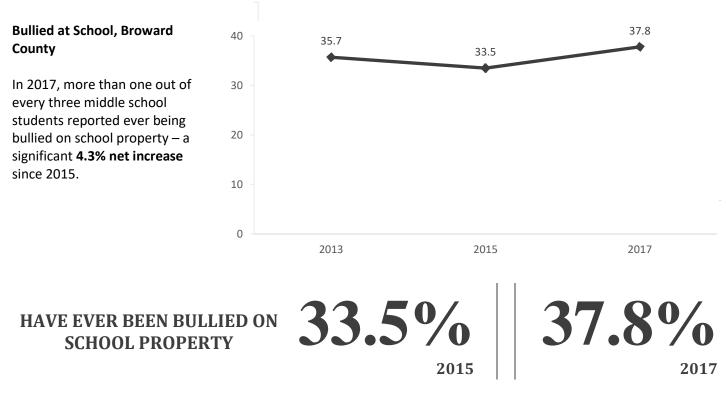


\*Statistically significant based on chi-square test analysis, p < 0.05.

# **Middle School Bullying**

### **BULLIED AT SCHOOL**

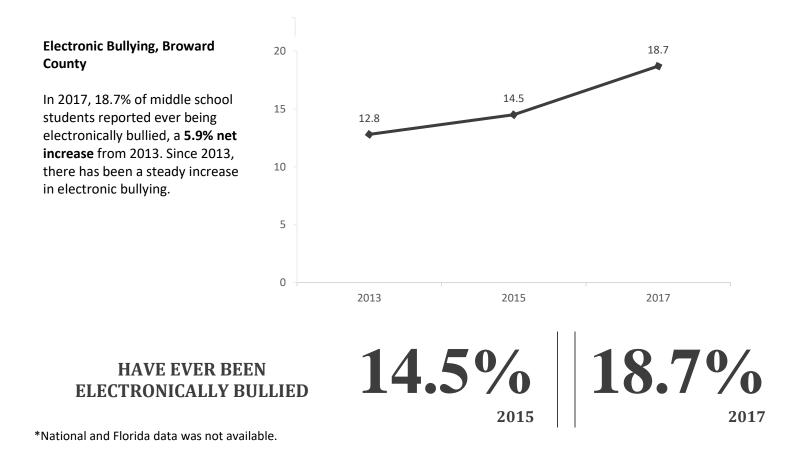
The chart below depicts the percentage of middle school students who reported that they were ever bullied on school property. Bullying is when one or more student teases, threatens, spreads rumors about, hits, shoves, or hurts another student over and over again. It is not bullying when two students of about the same strength or power argue, fight, or tease each other in a friendly way.



\*Statistically significant based on chi-square test analysis, p < 0.05. \*National and Florida data was not available.

#### **ELECTRONIC BULLYING**

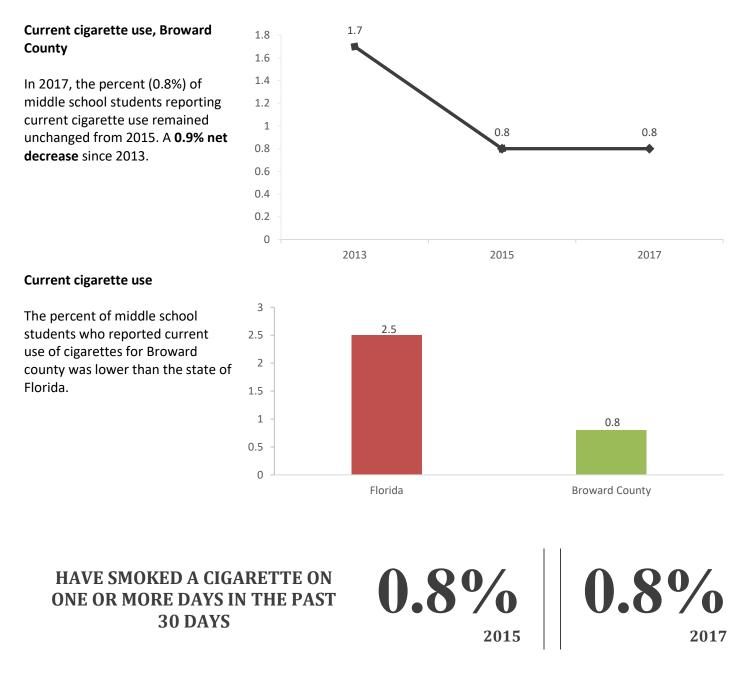
The chart below depicts the percentage of middle school students who reported that they were ever electronically bullied. Electronic bullying includes being bullied through e-mail, chat rooms, instant messaging, websites, or texting.



# Middle School Tobacco, Drugs, and Alcohol

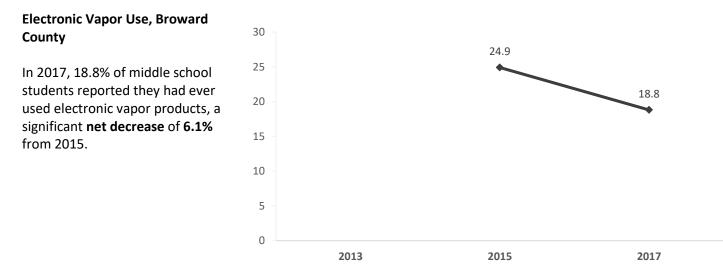
#### **CURRENT CIGARETTE USE**

The charts below depict the percentage of middle school students who reported smoking a cigarette on at least one day in the past 30 days.



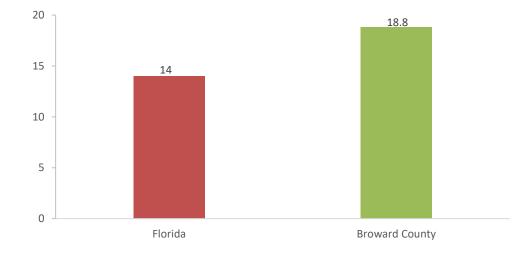
### **USE OF ELECTRONIC VAPOR PRODUCTS**

The charts below depict the percentage of middle school students who reported that they had ever used electronic vapor products, such as e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens.



#### Use of electronic vapor products

Broward County middle school students reported a higher percentage of electronic vapor products use compared to the state of Florida.



#### HAVE EVER USED ELECTRONIC VAPOR PRODUCTS

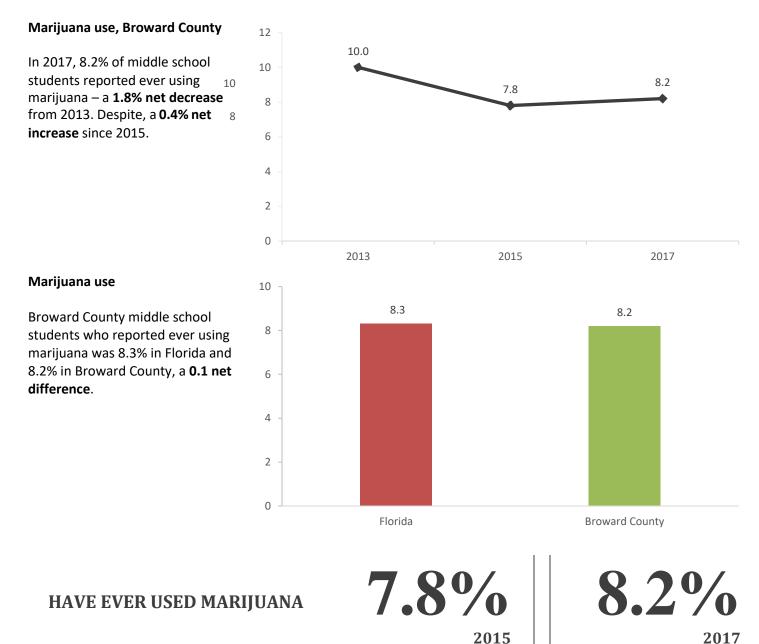




\*Statically significant based on chi-square test analysis, p < 0.05.

#### **MARIJUANA USE**

The charts below depict the percentage of middle school students that reported ever using marijuana.



#### ALCOHOL USE

The charts below depict the percentage of middle school students that reported ever having had a drink of alcohol other than a few sips.

35

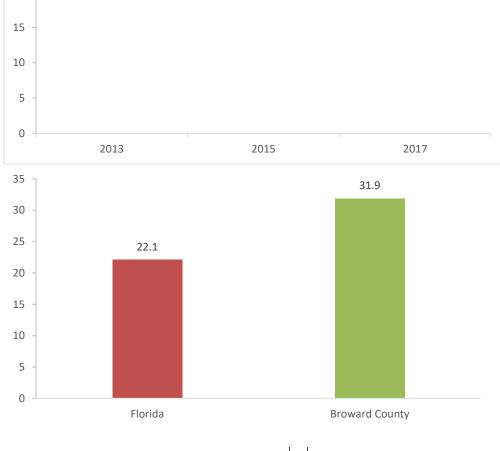
30

25

20

#### Alcohol use, Broward County

In 2017, 31.9% of middle school students reported ever having a drink of alcohol – a statistically significant **7.4% net increase** from 2015.



24.5

### A higher percent of Broward

**Alcohol Use** 

County middle school students reported ever drinking alcohol compared to the state of Florida.



**24.5%** 



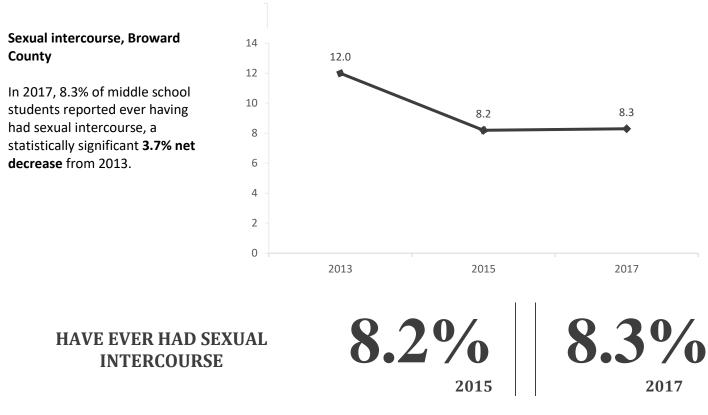
31.9

\*Statically significant based on chi-square test analysis, p < 0.05.

## **Middle School Sexual Activity**

#### SEXUAL INTERCOURSE

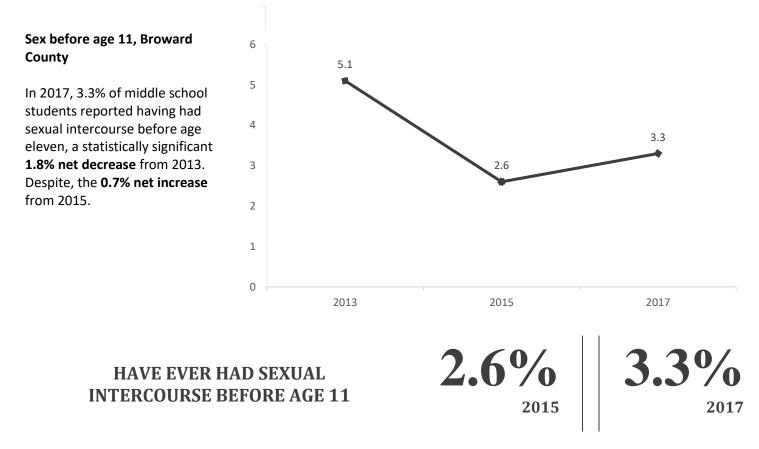
The chart below depicts the percentage of middle school students who reported ever having had sexual intercourse.



\*Statistically significant based on chi-square test analysis, p < 0.05. \*National and Florida data was not available.

#### **SEX BEFORE AGE 11**

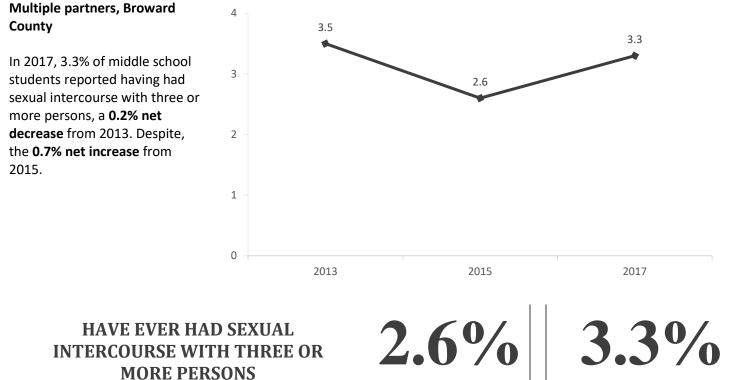
The chart below depicts the percentage of middle school students who reported that they had sexual intercourse before age 11.



\*Statically significant based on chi-square test analysis, p < 0.05. \*National and Florida data was not available

#### **MULTIPLE PARTNERS**

The charts below depict the percentage of middle school students who reported having had sexual intercourse with three or more persons during their lifetime.



2015

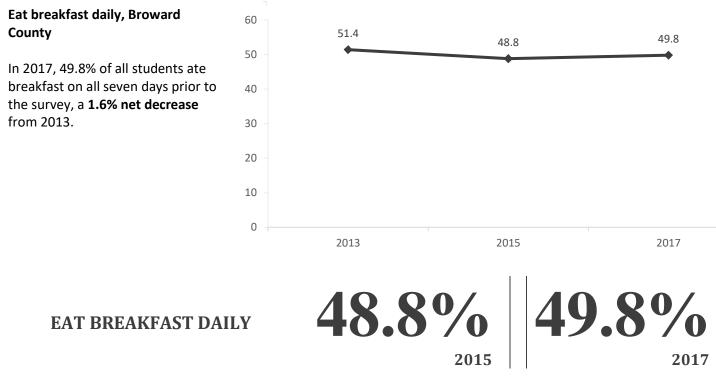
2017

\*National and Florida data was not available.

# Middle School Eating Habits and Physical Activity

### PERCENT THAT EAT BREAKFAST DAILY

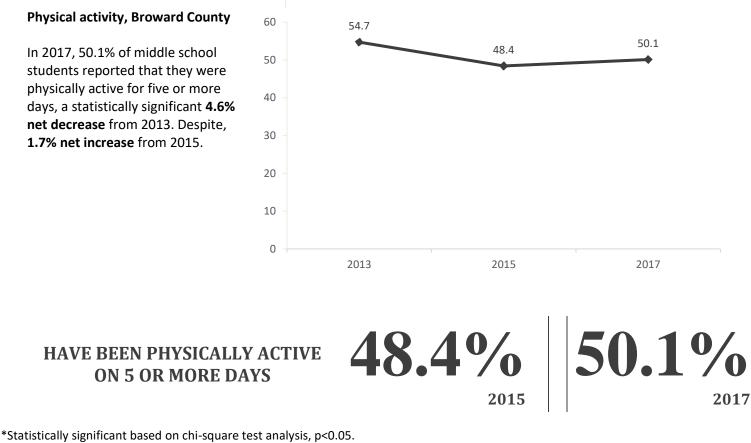
The charts below depict the percentage of middle school students that reported that they ate breakfast on all seven days prior to the survey.



\*National and Florida data is not available.

#### PHYSICAL ACTIVITY

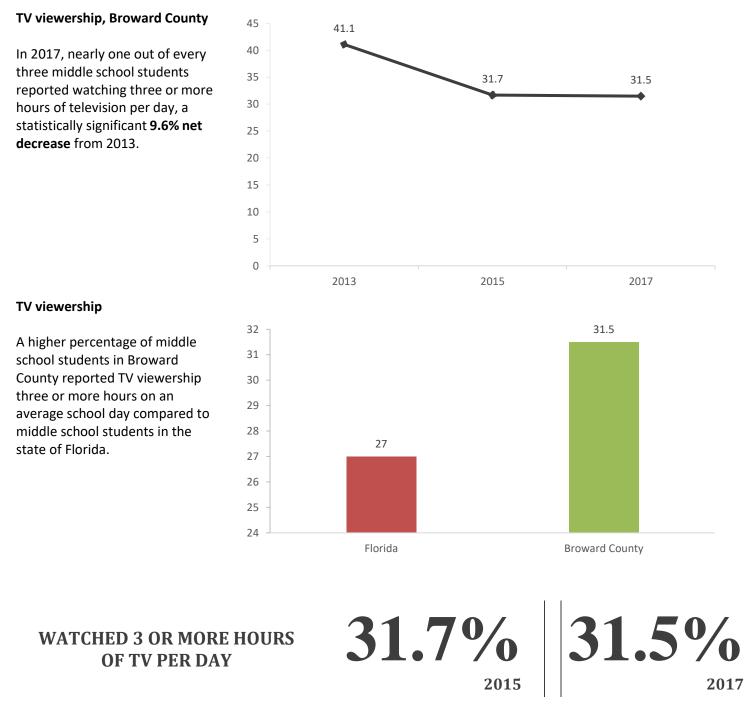
The charts below depict the percentage of middle school students who reported that they were physically active for at least 60 minutes a day for five or more days during the seven days prior to the survey.



\*Statistically significant based on chi-square test analysis, p<</p>
\*National and Florida data is not available.

#### **TV VIEWERSHIP**

The charts below depict the percentage of middle school students that reported watching three or more hours of television on an average school day.



\*Statistically significant based on chi-square test analysis, p < 0.05.

# **Middle School Findings Summary Table**

### **PERSONAL SAFETY**

Question	2013	2015	2017	Positive Change 2015-2017
Percentage of students who carried a weapon (such as a gun, knife, or club)	17.9	19.2	21.1	
Percentage of students who were in a physical fight	48.8	47.4	45.6	$\checkmark$
Percentage of students who seriously thought about killing themselves	20.4	19.4	23.3	
Percentage of students who made a plan about how they would kill themselves	12.2	13.4	16.2	
Percentage of students who tried to kill themselves	7.1	7.6	8.2	
Percentage of students who never or rarely wore a bicycle helmet (among students who had ridden a bicycle)	73.0	72.6	70.5	$\checkmark$
Percentage of students who never or rarely wore a helmet when rollerblading or skateboarding (among students who used rollerblades or rode a skateboard)	77.0	82.6	80.5	$\checkmark$
Percentage of students who never or rarely wore a seat belt (when riding in a car)	7.7	8.6	7.4	$\checkmark$
Percentage of students who rode with a driver who had been drinking alcohol (in a car)	17.6	14.2	18.2	

### BULLYING

Question	2013	2015	2017	Positive Change 2015-2017
Percentage of students who were bullied on school property	35.7	33.5	37.8	
Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting)	12.8	14.5	18.7	

### **TOBACCO, DRUGS, AND ALCOHOL**

Question	2013	2015	2017	Positive Change 2015-2017
Percentage of students who ever tried cigarette smoking (even one or two puffs)	10.0	9.0	6.4	$\checkmark$
Percentage of students who tried smoking a cigarette before age 11 years (even one or two puffs)	2.5	1.6	2.8	
Percentage of students who smoked cigarettes (on at least 1 day during the 30 days before survey)	1.7	0.8	0.8	
Percentage of students who currently and frequently smoked cigarettes (on 20 or more days before the survey)	0.4	0.2	0.4	
Percentage of students who smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.4	0.2	0.4	
Percentage of students who used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)			2.0	

#### MIDDLE SCHOOL FINDINGS SUMMARY TABLE CONTINUED

Question	2013	2015	2017	Positive Change 2015-2017
Percentage of students who smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)	3.2	2.3	1.7	$\checkmark$
Percentage of students who ever used electronic vapor products (including e-cigarettes, e-cigars, e- pipes, vape pipes, vaping pens, e- hookahs, and hookah pens on at least 1 day during the 30 days before the survey)		24.9	18.8	$\checkmark$
Percentage of students who ever drank alcohol (other than a few sips)	29.5	24.5	31.9	
Percentage of students who drank alcohol before age 11 years (other than a few sips)	12.0	9.7	14.0	
Percentage of students who ever used marijuana (during their life)	10.0	7.8	8.2	
Percentage of student who tried marijuana before age 11 years (for the first time)	3.7	2.6	2.3	$\checkmark$
Percentage of students who ever used any form of cocaine (such as powder, crack, or freebase during their life)	3.4	2.7	2.3	$\checkmark$
Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high during their life)	10.2	9.6	9.3	$\checkmark$
Percentage of students who ever used steroids without a doctor's prescription (pills or shots)	3.8	4.7	3.7	$\checkmark$

#### MIDDLE SCHOOL FINDINGS SUMMARY TABLE CONTINUED

Question	2013	2015	2017	Positive Change 2015-2017
Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, during their life)			6.1	

### **SEXUAL ACTIVITY**

Question	2013	2015	2017	Positive Change 2015-2017
Percentage of students who ever had sexual intercourse	12.0	8.2	8.3	
Percentage of students who had sexual intercourse before age 11 years	5.1	2.6	3.3	
Percentage of students who had sexual intercourse with three or more persons	3.5	2.6	3.3	

## EATING HABITS AND PHYSICAL ACTIVITY

Question	2013	2015	2017	Positive Change 2015-2017
Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	51.4	48.8	49.8	$\checkmark$
Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	54.7	48.4	50.1	$\checkmark$
Percentage of students who watched television 3 or more hours per day (on an average school day)	41.1	31.7	31.5	$\checkmark$
Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)	43.7	43.9	51.4	
Percentage of students who attended physical education classes on 1 or more days (in an average week when they were in school)	48.5	47.8	45.6	$\checkmark$
Percentage of students who played on at least one sports team (counting any team ran by their school or community groups during the 12 months before the survey)	53.8	52.7	55.4	$\checkmark$

# HIGH SCHOOL YRBS DATA



PERSONAL SAFETY



BULLYING



TOBACCO, DRUGS, AND ALCOHOL



SEXUAL ACTIVITY

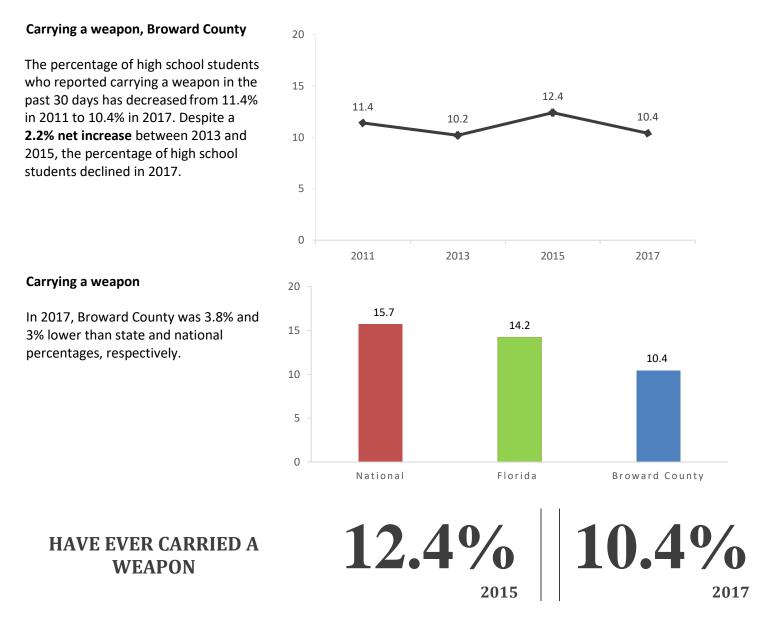


EATING HABITS AND PHYSICAL ACTIVITY

# **High School Personal Safety**

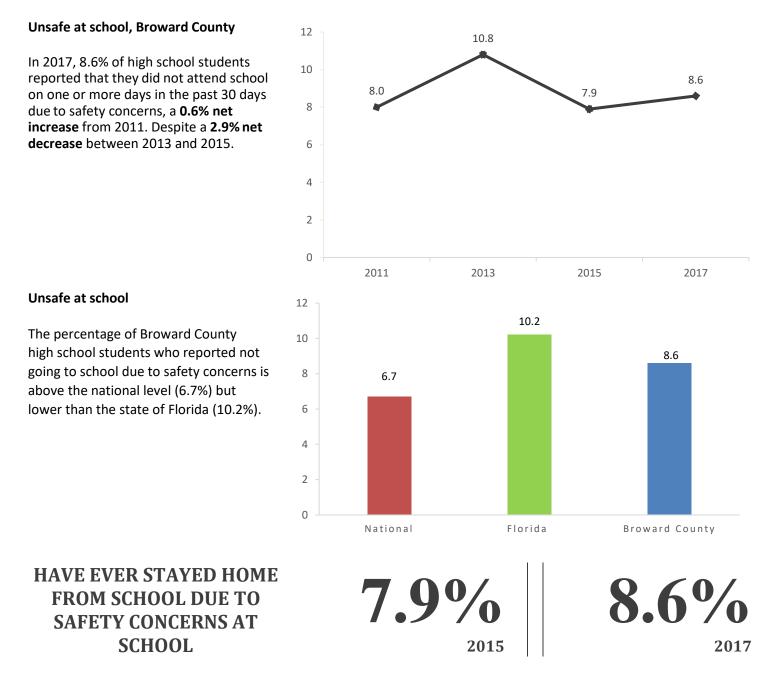
### **CARRYING A WEAPON**

The charts below depict the percentage of high school students who reported carrying a weapon such as a gun, knife or club on at least one day or more in the 30 days prior to the survey.



### **UNSAFE AT SCHOOL**

The charts below depict the percentage of high school students that reported that they did not go to school on one or more days in the 30 days prior to the survey because they felt they would be unsafe at school, on their way to school, and/or from school.

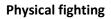


### **PHYSICAL FIGHTING**

The charts below depict the percentage of high school students that reported that they got in a physical fight one or more times during the 12 months prior to the survey.

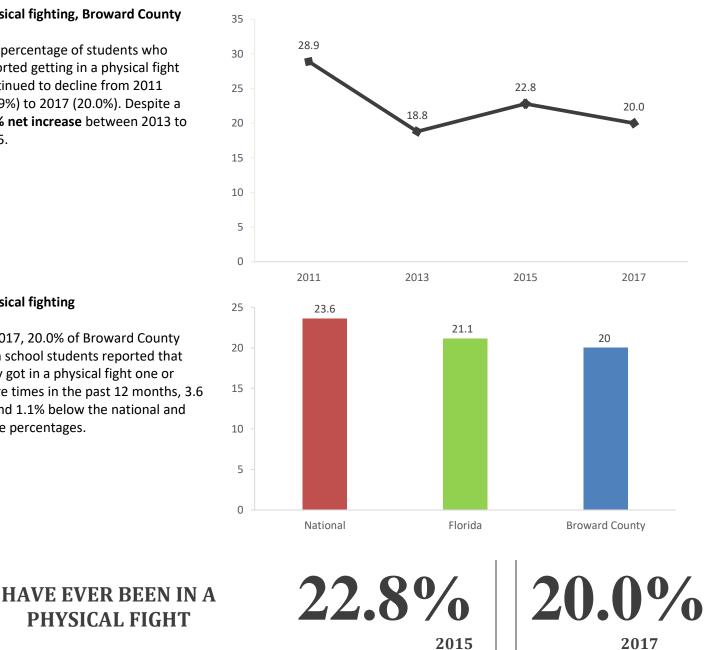
#### **Physical fighting, Broward County**

The percentage of students who reported getting in a physical fight continued to decline from 2011 (28.9%) to 2017 (20.0%). Despite a 4.0% net increase between 2013 to 2015.



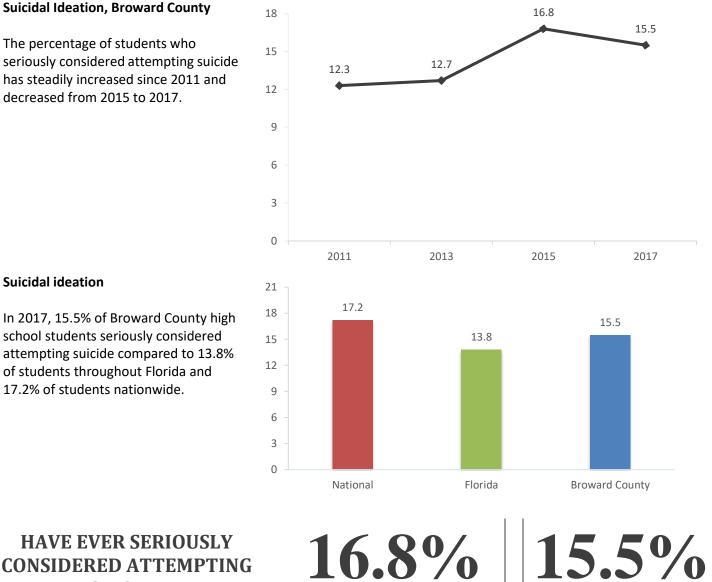
In 2017, 20.0% of Broward County high school students reported that they got in a physical fight one or more times in the past 12 months, 3.6 % and 1.1% below the national and state percentages.

**PHYSICAL FIGHT** 



## SUICIDAL IDEATION

The charts below depict the percentage of high school students that reported that they had seriously considered attempting suicide during the 12 months prior to the survey.



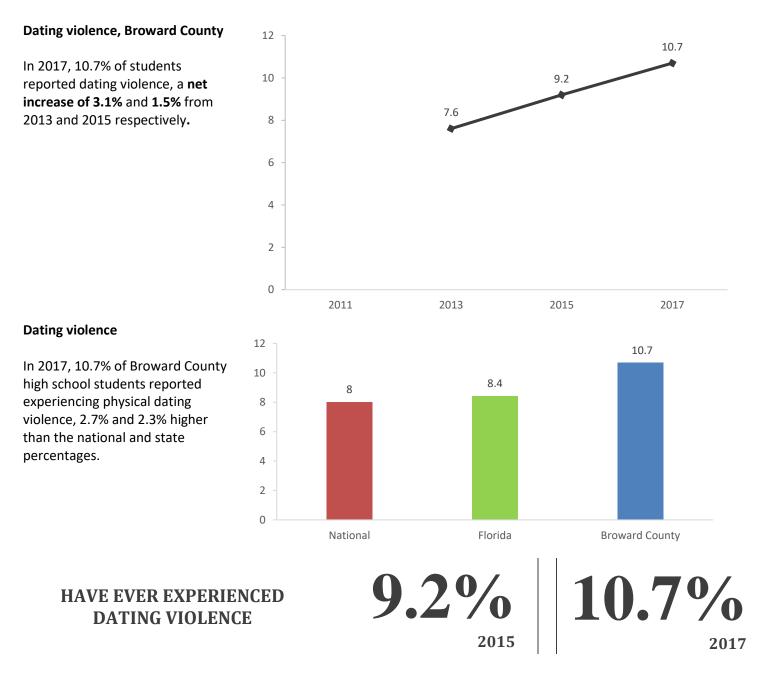
**SUICIDE** 

2015

2017

### **DATING VIOLENCE**

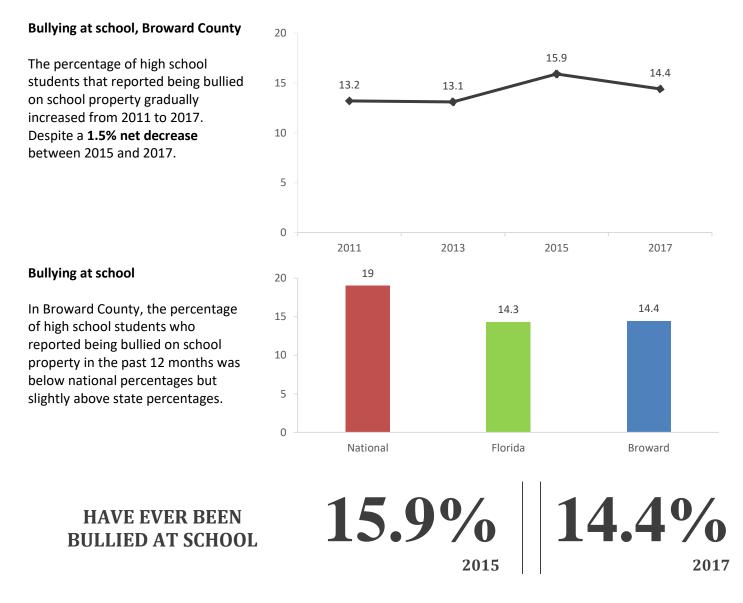
The charts below depict the percentage of high school students that reported being physically hurt (hit, slammed into something, or injured with an object or weapon) by someone they were dating or going out with, one or more times in the 12 months prior to the survey.



# **High School Bullying**

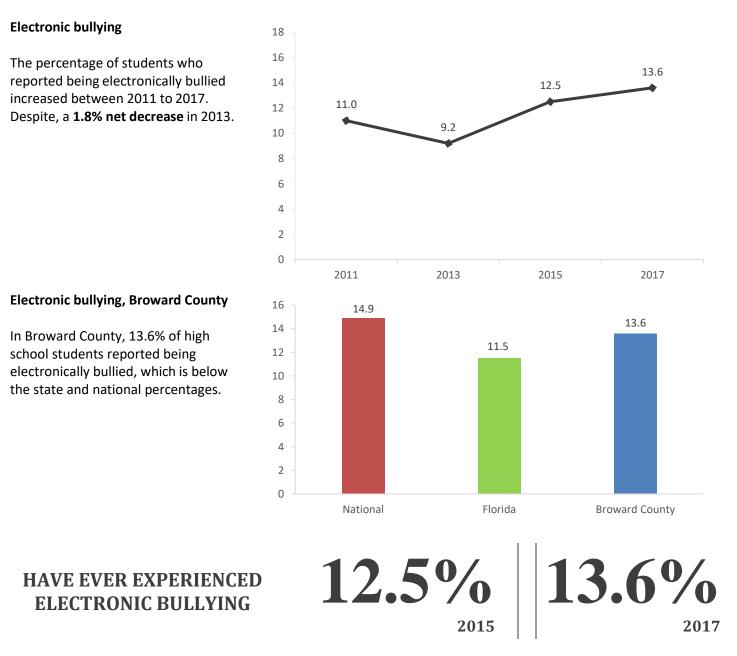
# **BULLIED AT SCHOOL**

The charts below depict the percentage of high school students who reported that they had been bullied on school property in the 12 months prior to the survey. Bullying is when one or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when two students of about the same strength, power, argue, fight, or tease each other in a friendly way.



### **ELECTRONIC BULLYING**

The charts below depict the percentage of high school students who reported that ever being electronically bullied in the 12 months prior to the survey. Electronic bullying includes being bullied through e-mail, chat rooms, instant messaging, social media, or texting.



# High School Tobacco, Drugs, and Alcohol

# **CURRENT CIGARETTE USE**

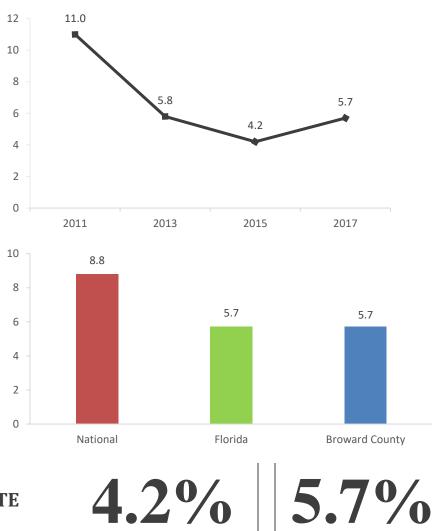
The charts below depict the percentage of high school students who reported smoking a cigarette on one day or more in the past 30 days.

#### Current cigarette use, Broward County

In 2017, 5.7% of Broward County high school students reported smoking a cigarette on at least one day in the past 30 days. This percentage has significantly decreased from 11.0% in 2011, a **5.3% net decrease**. Despite the steady decrease, there was a **1.5% net increase** between 2015 to 2017.

#### **Current cigarette use**

In Broward County, the percentage of high school students reporting current cigarette use was below the national level.



2015

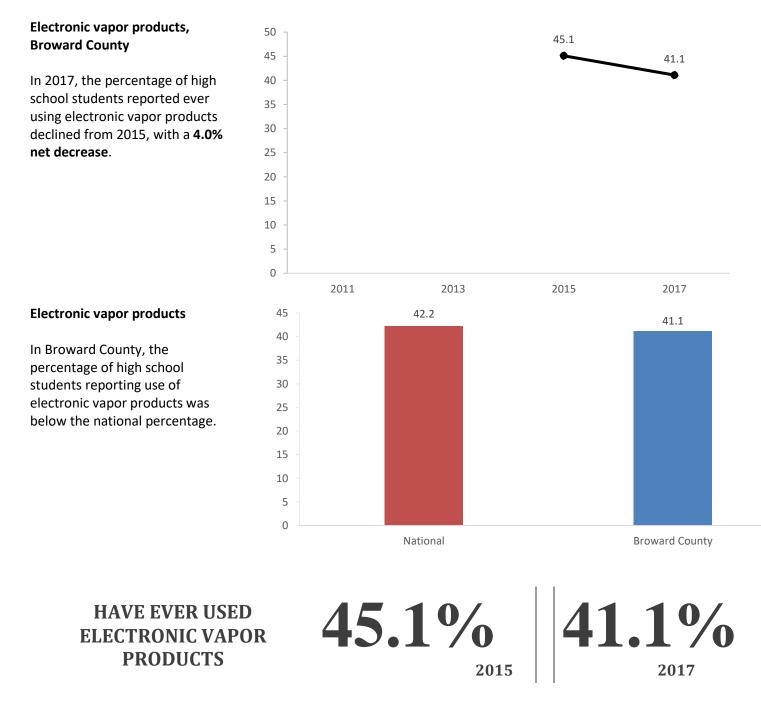
2017

# HAVE SMOKED A CIGARETTE IN PAST 30 DAYS

\* Significantly changed based on chi-square test analysis p < 0.05

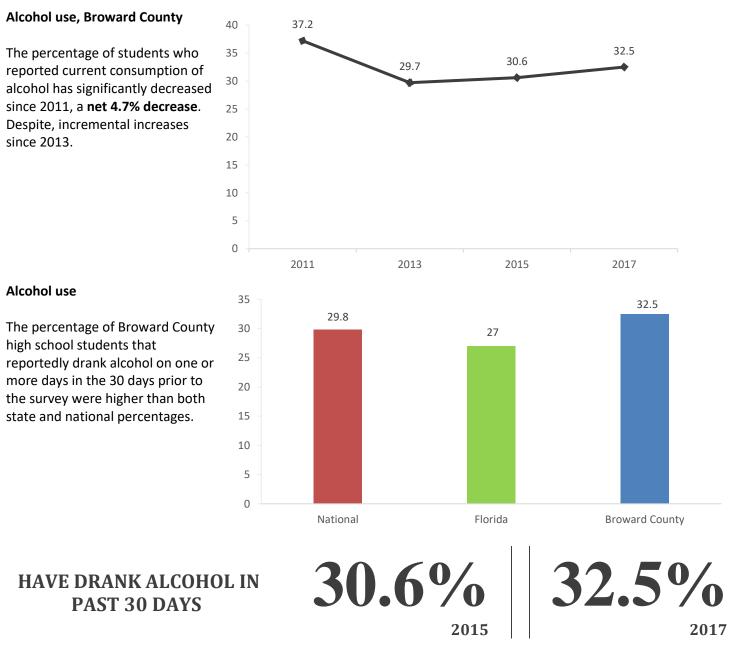
### **USE OF ELECTRONIC VAPOR PRODUCTS**

The charts below depict the percentage of high school students that reported that they had ever used electronic vapor products, such as e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens.



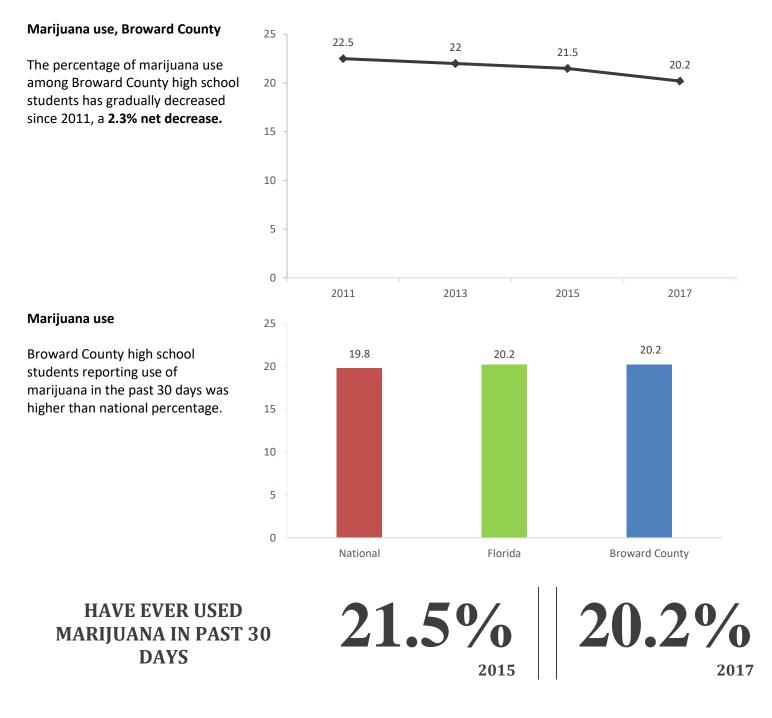
# **CURRENT ALCOHOL USE**

The charts below depict the percentage of high school students that reported having at least one drink of alcohol on at least one day during the 30 days prior to the survey.



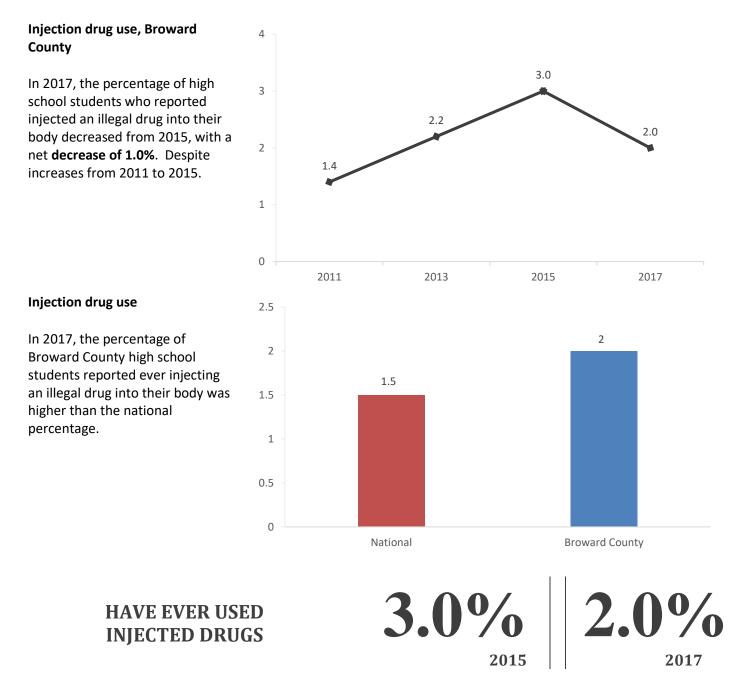
# **CURRENT MARIJUANA USE**

The charts below depict the percentage of high school students that reported using marijuana on one or more days in the 30 days prior to the survey.



#### **INJECTION DRUG USE**

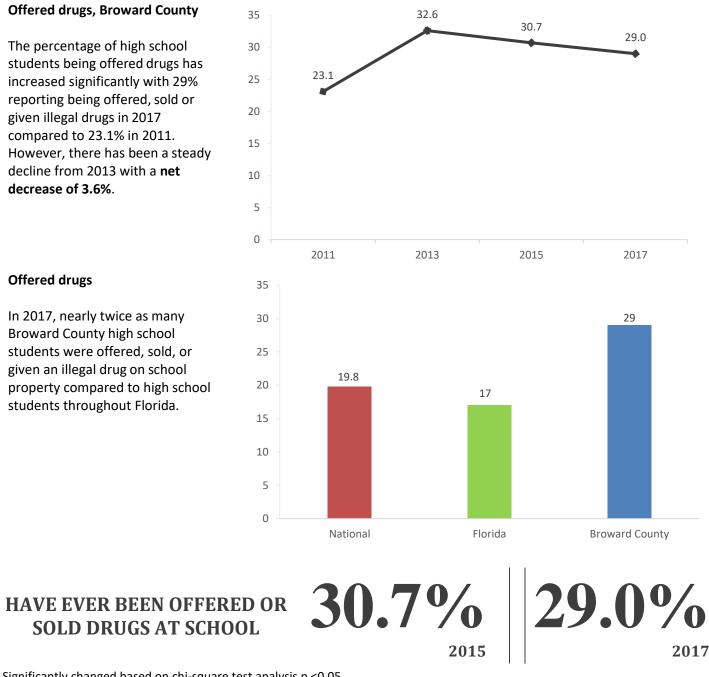
The charts below depict the percentage of high school students who reported that they used a needle to inject an illegal drug into their body, one or more times in their lifetime.



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### **OFFERED DRUGS**

The charts below depict the percentage of high school students who reported that were offered, sold or given an illegal drug on school property in the 12 months prior to the survey.

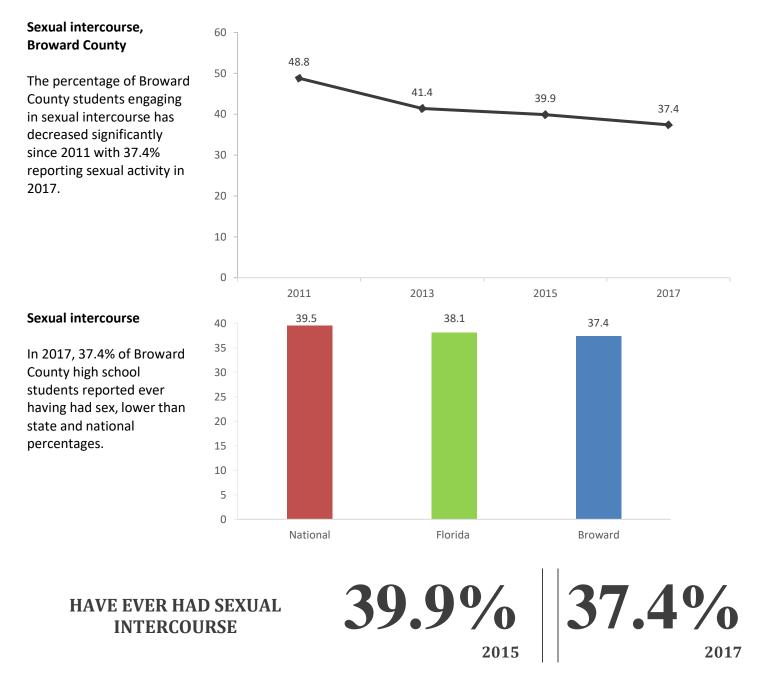


\* Significantly changed based on chi-square test analysis p < 0.05

# **High School Sexual Activity**

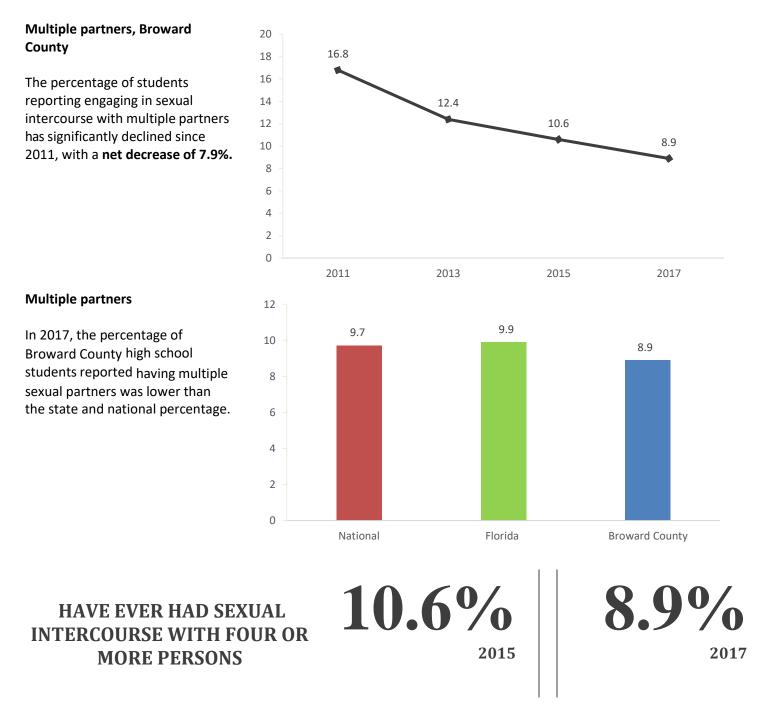
# SEXUAL INTERCOURSE

The charts below depict the percentage of high school students who reported ever having had sexual intercourse.



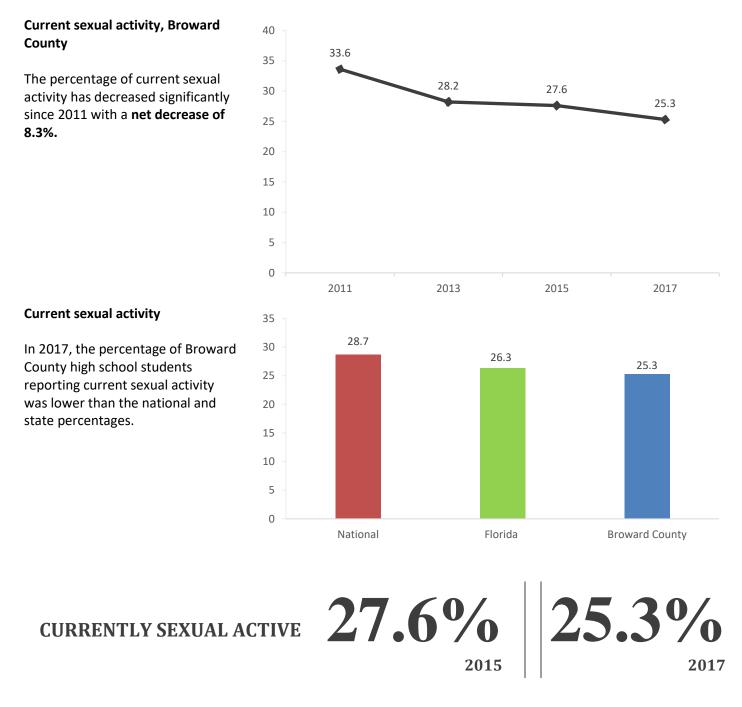
### **MULTIPLE PARTNERS**

The charts below depict the percentage of high school students who reported having had sexual intercourse with four or more persons during their lifetime.



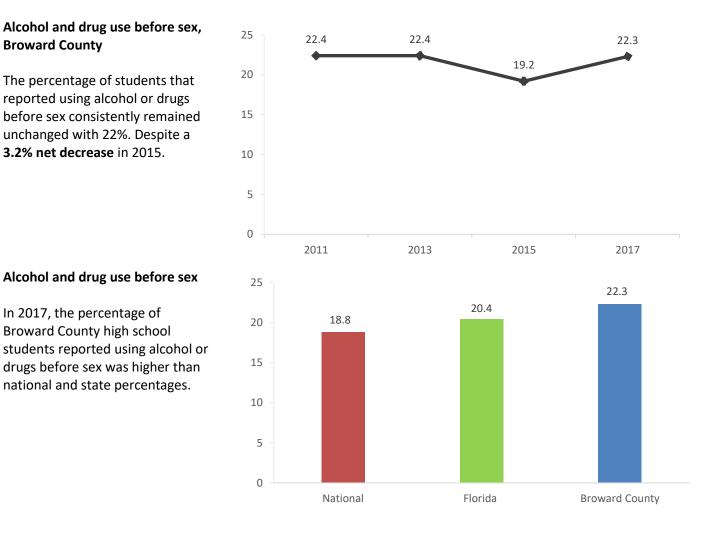
### **CURRENT SEXUAL ACTIVITY**

The charts below depict the percentage of high school students who reported having sexual intercourse with at least one person during the three months prior to the survey.



### ALCOHOL AND DRUG USE BEFORE SEX

The charts below depict the percentage of high school students who had ever had sex and who reported that they drank alcohol or used drugs before their sexual encounter.



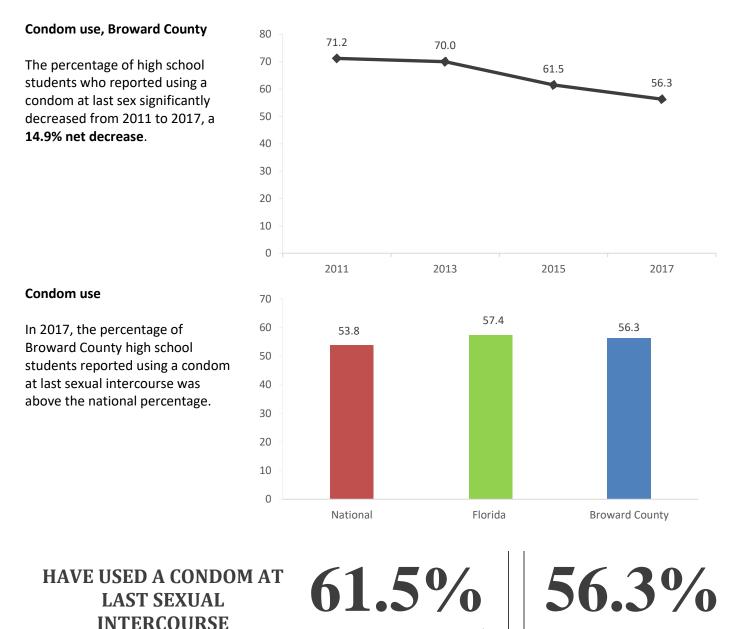
# HAVE EVER USED ALCOHOL AND/OR DRUGS BEFORE SEX

**19.2%** 

22.3% 2017

# **CONDOM USE**

The charts below depict the percentage of high school students that reported using a condom during their last sexual encounter.



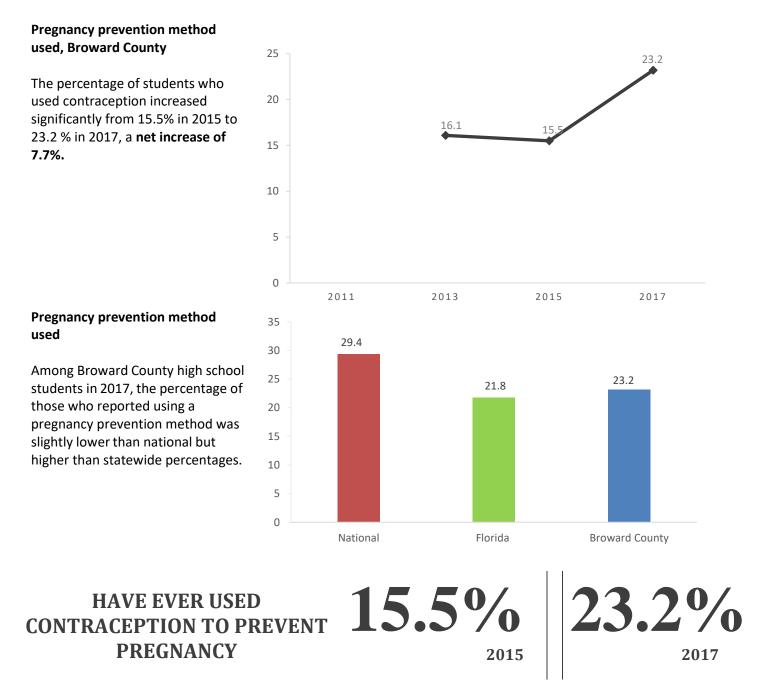
\*Statistically significant based on chi-square test analysis, p < 0.05.

2015

2017

### PREGNANCY PREVENTION METHOD USED

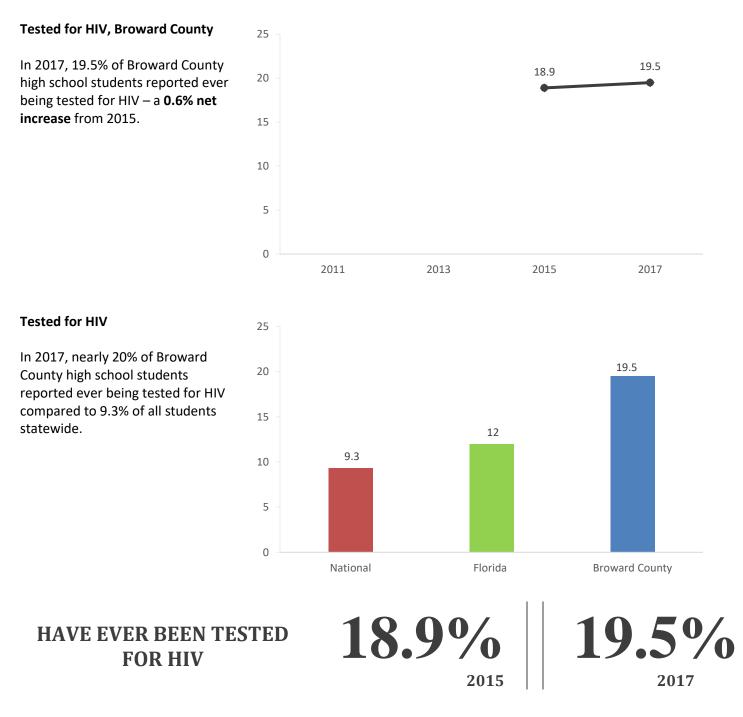
The charts below depict the percentage of high school students who had ever had sex and who reported using a contraceptive method (such as birth control pills, the IUD or implant, a shot, patch, or birth control ring) to prevent pregnancy the last time they had sex.



\* Significantly changed based on chi-square test analysis p < 0.05

#### **TESTED FOR HIV**

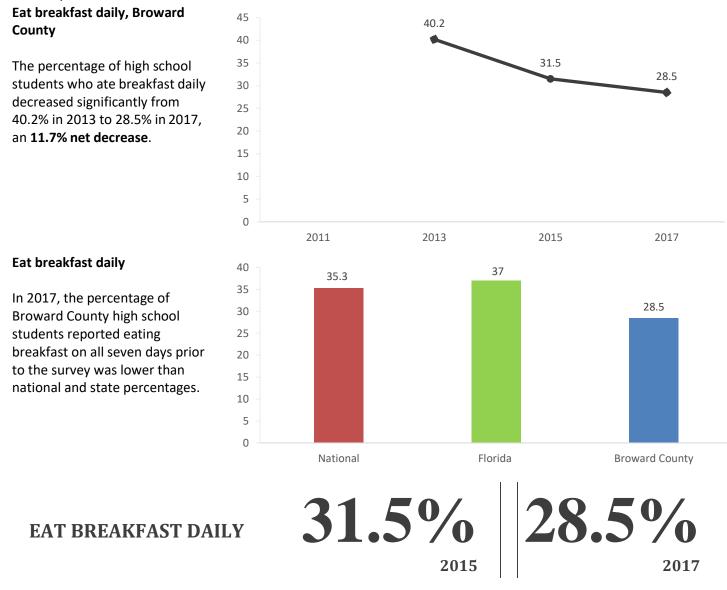
The charts below depict the percentage of high school students who reported ever having been tested for HIV. This does not include tests that are conducted when donating blood.



# High School Eating Habits and Physical Activity

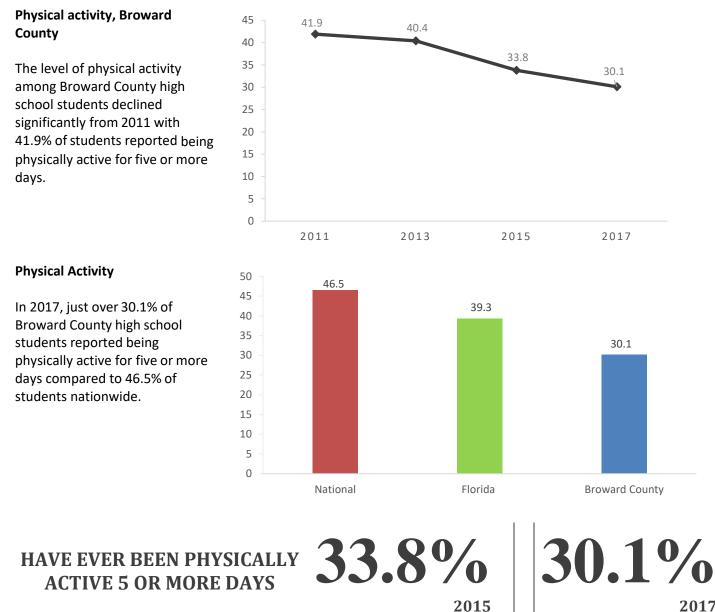
# PERCENT THAT EAT BREAKFAST DAILY

The charts below depict the percentage of high school students who reported eating breakfast on all seven days prior to the survey.



# LEVEL OF PHYSICAL ACTIVITY

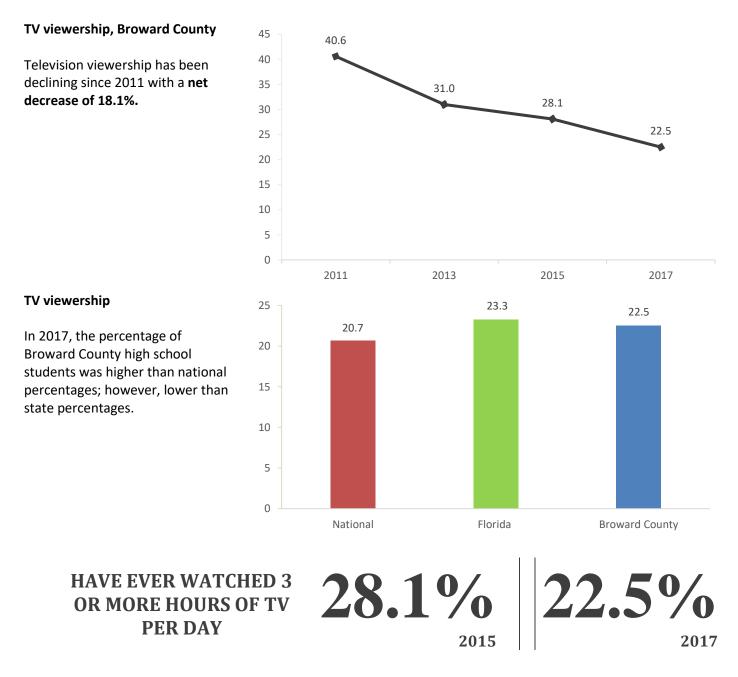
The charts below depict the percentage of high school students who reported that they were physically active for at least 60 minutes each day for five or more days during the seven days prior to the survey.



2017

### **TV VIEWERSHIP**

The charts below depict the percentage of high school students that reported watching three or more hours of television on an average school day.



# **High School Summary Table**

# **PERSONAL SAFETY**

Question	2011	2013	2015	2017	Positive Change 2015-2017
Percentage of students who carried a weapon (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)	11.4	10.2	12.4	10.4	$\checkmark$
Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	8.0	10.8	7.9	8.6	
Percentage of students who were threatened or injured with a weapon on school property (such as gun, knife, or club one or more times during the 12 months before the survey)	7.1	5.6	6.7	6.7	
Percentage of students who were in a physical fight during the 12 months before the survey	28.9	18.8	22.8	20.0	$\checkmark$
Percentage of students who were in a physical fight on school property during the 12 months before the survey	9.8	5.5	8.1	7.5	$\checkmark$
Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	6.5	7.5	8.9	9.9	
Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	26.7	25.1	30.0	30.1	

Question	2011	2013	2015	2017	Positive Change 2015-2017
Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	11.0	12.3	12.7	16.8	
Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	10.1	11.8	13.7	13.3	$\checkmark$
Percentage of students who attempted suicide (one or more times during the 12 months before the survey)	6.0	8.3	9.3	11.1	
Percentage of students who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	2.2	4.1	3.5	3.7	
Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with)		7.6	9.2	10.7	
Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with)		9.5	10.5	8.7	✓

# BULLYING

Question	2011	2013	2015	2017	Positive Change 2015-2017
Percentage of students who were bullied on school property (during the 12 months before the survey)	13.2	13.1	15.9	14.4	$\checkmark$
Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)	11.0	9.2	12.5	13.6	

# **TOBACCO, DRUGS, AND ALCOHOL**

Question	2011	2013	2015	2017	Positive Change 2015-2017
Percentage of students who ever tried cigarette smoking (even one or two puffs)	35.5	27.8	21.7	19.5	$\checkmark$
Percentage of students who first tried cigarette smoking before age 13 (even one or two puffs)				8.9	
Percentage of students who smoked cigarettes (on at least 1 day during the 30 days before the survey)	11.0	5.8	4.2	5.7	
Percentage of students who frequently smoked cigarettes (on 20 or more days before the survey)	3.1	1.2	0.6	0.1	$\checkmark$
Percentage of students who smoked cigarettes daily (on all 30 days during the 30 days before the survey)	2.4	1.0	0.3	0.1	$\checkmark$
Percentage of students who used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)				3.9	
Percentage of students who smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)	9.8	7.2	7.1	4.8	$\checkmark$

Question	2011	2013	2015	2017	Positive Change 2015-2017
Percentage of students who used electronic vapor products (including e- cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens on at least 1 day during the 30 days before the survey)			22.4	8.1	$\checkmark$
Percentage of students who drank alcohol (at least one drink of alcohol on at least 1 day during their life)	66.9	64.4	61.2	62.6	
Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)	22.0	17.4	18.1	17.9	$\checkmark$
Percentage of students who drank alcohol (at least one drink of alcohol on at least 1 day during 30 days before the survey)	37.2	29.7	30.6	32.5	
Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)				10.7	
Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours during the 30 days before the survey)		2.9	2.2	2.5	

Question	2011	2013	2015	2017	Positive Change 2015-2017
Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)	38.6	38.3	39.6	45.7	
Percentage of students who used marijuana (one or more times during their life)	38.1	38.0	40.1	36.8	$\checkmark$
Percentage of students who tried marijuana before age 13 years (for the first time)	7.5	7.8	7.8	6.9	$\checkmark$
Percentage of students who used marijuana (one or more times during the 30 days before the survey)	22.1	22.9	24.0	20.9	$\checkmark$
Percentage of students who used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)	5.5	4.9	6.4	4.0	$\checkmark$
Percentage of students who used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	9.0	6.5	7.8	6.5	$\checkmark$
Percentage of students who used heroin (also called "smack", "junk", or "China White," one or more times during their life)	2.1	2.3	4.0	3.7	$\checkmark$
Percentage of students who used methamphetamines (also called "speed," "crystal," "crank", or "ice," one or more times during their life)	3.3	3.0	4.5	3.1	$\checkmark$

Question	2011	2013	2015	2017	Positive Change 2015-2017
Percentage of students who used ecstasy (also called "MDMA," one or more times during their life)	9.2	7.7	5.5	4.0	$\checkmark$
Percentage of students who used steroids without a doctor's prescription (pills or shots, one or more times during their life)	2.8	2.6	3.6	4.0	
Percentage of students who injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)	1.4	2.2	3.0	2.0	$\checkmark$
Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	23.1	32.6	30.7	29.0	$\checkmark$

# SEXUAL ACTIVITY

Question	2011	2013	2015	2017	Positive Change 2015-2017
Percentage of students who ever had sexual intercourse	48.8	41.4	39.9	37.4	$\checkmark$
Percentage of students who had sexual intercourse before age 13 years (for the first time)	8.3	5.9	5.3	4.2	$\checkmark$
Percentage of students who had sexual intercourse with four or more persons (during their life)	16.8	12.4	10.6	8.9	$\checkmark$
Percentage of students who were currently sexually active (sexual intercourse with at least one person) during the past 3 months	33.6	28.2	27.6	25.3	$\checkmark$
Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were sexually active)	22.4	22.4	19.2	22.3	
Percentage of students who used a condom (during last sexual intercourse among students who were currently sexually active)	71.2	70.0	61.5	56.3	
Percentage of students who used IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among student who were currently sexually active)		0.4	0.6	6.9	$\checkmark$

Question	2011	2013	2015	2017	Positive Change 2015-2017
Percentage of students who used a shot (e.g., Depo-Provera), path (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (during last sexual intercourse among students who were currently sexually active)		2.5	1.1	0.0	
Percentage of students who used birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)		16.1	15.5	23.2	$\checkmark$
Percentage of students who used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)		5.0	6.0	5.6	
Percentage of students who did not use any methods to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)	10.3	12.0	12.9	12.6	$\checkmark$
Percentage of students who were ever tested for HIV			18.9	19.5	$\checkmark$

Question	2011	2013	2015	2017	Positive Change 2015-2017
Percentage of students who ate breakfast (during the 7 days before the survey)		40.2	31.5	28.5	
Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of	41.9	40.4	33.8	30.1	
the time during the 7 days before the survey)					
Percentage of students who watched television 3 or more hours per day (on an average school day)	40.6	31.0	28.1	22.5	$\checkmark$

# **Sexual Minority Youth**

# **KEY FINDINGS**

Sexual minority youth are defined as those who identify as gay, lesbian, bisexual, transgender, or who have sexual contact with persons of the same or both sexes. Sexual minority youth are at an increased risk for certain negative health outcomes. For example, young gay and bisexual males have disproportionately higher rates of HIV, syphilis, and other sexually transmitted diseases (STDs), and adolescent lesbian and bisexual females are more likely to have ever been pregnant than their heterosexual peers. Data from the Broward County Public Schools 2017 Youth Risk Behavior Survey (YRBS) was used to identify health behaviors among sexual minority youth in grades 9-12 in Broward County, Florida.

Among Broward County high school students:

- 4.6% and 3% of sexually active female and male students report having sexual contact with persons of the same gender.
- 7.5% of sexually active students report having sexual contact with persons of both genders, a **net 1.9% increase** since 2015.
- 12.2% identify as gay, lesbian, or bisexual, an **increase of 1.5%** since 2015.
- 3.3% of students described themselves as transgender in 2017.

Among the Broward County high school students that report same sex/both sexes sexual contact:

- 43.3% have ever had sexual intercourse.
- 9.5% have had sexual intercourse before age 13.
- 12.4% have had sexual intercourse with four or more partners in their lifetime.
- 40.3% have felt sad or hopeless almost every day for two weeks in a row in the 12 months prior to the survey.
- 33.4% have considered suicide and 26.1% have attempted suicide in the 12 months prior to the survey.

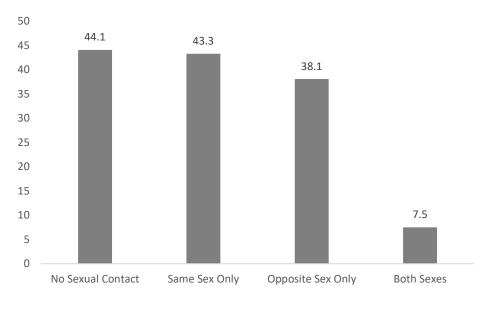
Youth that report same sex/both sexes sexual contact are reporting these behaviors at higher percentages than youth that report having sexual contact only with the opposite sex.

# SEXUAL CONTACTS

Sexual contacts

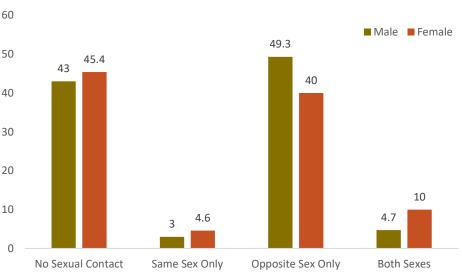
The charts below depict the percentage of high school students who reported having no sexual contact, sexual contact with the same sex only, sexual contact with the opposite sex only, and sexual contact with both sexes.

In 2017, 43.3% of students reported having sexual contact with the same sex only while only 7.5% reported having sexual contact with both sexes.



#### Sexual contacts, by gender

In comparison to males, a higher percentage of females reported having sexual contact with the same sex only and both sexes in 2017.



ACCORDING TO THE YOUTH RISK BEHAVIOR SURVEY



IN 2017

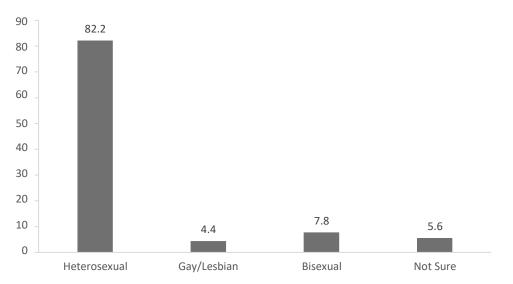
OF STUDENTS IN BROWARD COUNTY REPORTED HAVING SEXUAL CONTACT WITH BOTH SEXES

# **SEXUAL IDENTITY**

The charts below depict the percentage of high school students that reported which of the following best describes them (heterosexual, gay/lesbian, bisexual, or not sure) based upon their physical attraction.

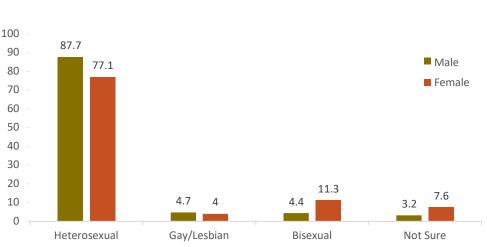
#### Sexual identity

Majority (82.2%) of Broward County high school students identified themselves as heterosexual. While, 12.2% of students identified as gay, lesbian or bisexual.



#### Sexual identity, by gender

Among those that do not identify as heterosexual, a greater percentage of females reported being bisexual or not sure of their sexual identity compared to males.



# ACCORDING TO THE YOUTH RISK BEHAVIOR SURVEY

N 2017



OF STUDENTS IN BROWARD COUNTY IDENTIFIED AS GAY, LESBIAN, OR BISEXUAL

# **GENDER IDENTITY**

The charts below depict the demographic breakdown of high school students that describe themselves as transgender (when their sex at birth did not match the way they think or feel).

#### Gender Identity, by age

In 2017, 3.3% of Broward County high school students (n=888) selfreported being transgender. A higher percentage of students ranging in age of 15 years old or younger reportedly believed that their gender did not match how they felt or biological designation (i.e. clothing, appearance, behaviors, etc.).

# Gender Identity, by race/ethnicity

Among those that identify as being transgender, Broward County high school students were from the following racial/ethnic backgrounds – Black (3.1%), Hispanic (3.2%), or White (3.6%).

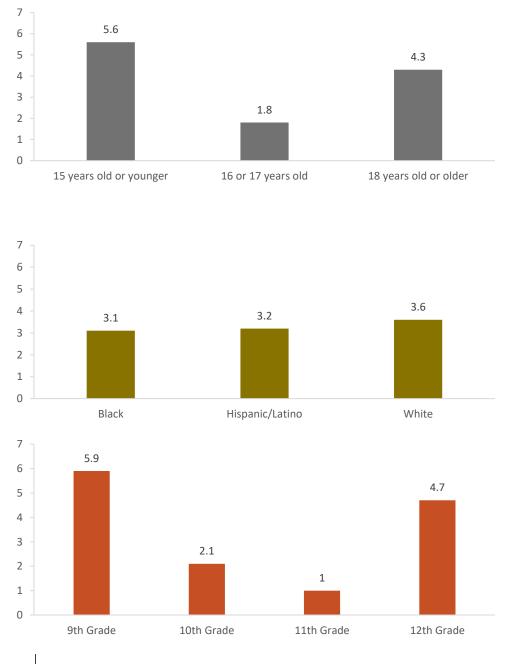
#### Gender identity, by grade

Among those that do not identify as heterosexual, a greater percentage of females reported being bisexual or not sure of their sexual identity in comparison to males.

# ACCORDING TO THE YOUTH RISK BEHAVIOR SURVEY

2017

Z



3.3%

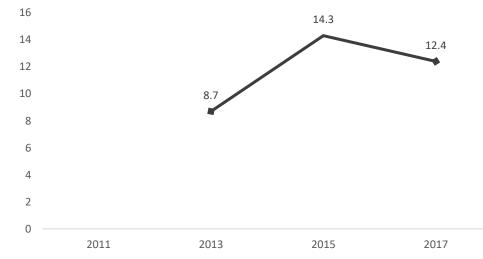
# OF STUDENTS IN BROWARD COUNTY IDENTIFIED AS BEING TRANSGENDER

# **TEASING RELATED TO SEXUAL IDENTITY**

The charts below depict the percentage of high school students who reported being a victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual.

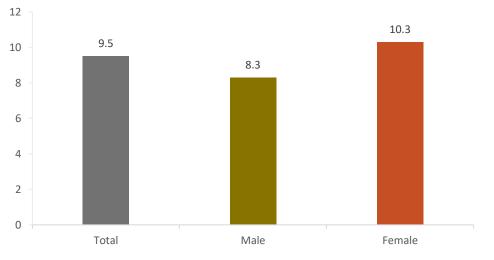
#### Teasing related to sexual identity

The percentage of students that reported being the victim of teasing due to sexual identity decreased from 14.3% in 2015 to 12.4% in 2017, a **net decrease of 1.9%.** 



# Teasing related to sexual identity, by gender

In 2017, 9.5% of high school students reported that they have been a victim of teasing due to their sexual identity. Of which, slightly more females than males reported being a victim of teasing.



2015

VERSUS

9.5%

2017

# THE PERCENT OF STUDENTS WHO REPORTED BEING THE VICTIM OF TEASING DUE TO THEIR SEXUAL IDENTITY SIGNIFICANTLY DECREASED FROM 2015 TO 2017

\*Statistically significant based on chi-test analysis, p<0.05.

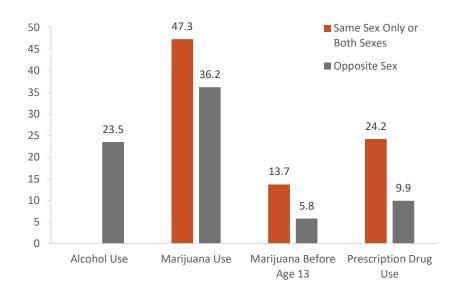
12.4%

# DRUG AND ALCOHOL USE BY SEXUAL PARTNER

Students reported if they ever drank alcohol, used marijuana, at what age they used marijuana, or had ever taken a prescription drug such as OxyContin, Percocet, Vicodin, Codeine, Adderall, Ritalin, or Xanax without a doctor's prescription in their lifetime. The charts below depict the percentage of high school students that have engaged in these behaviors according to whom they have had sexual contact with: same sex/both sexes or opposite sex only.

#### Drug and alcohol use by sexual partners

In 2017, higher percentages of students who had sexual contact with same sex or both sexes reported using marijuana and using marijuana and prescription compared to students who had sexual contact with the opposite sex only. Of which, students who reported having sexual contact with same sex or both sexes were significantly more likely to use prescription drugs than students who reported having only opposite sex partners.



STUDENTS WHO REPORTED SEXUAL CONTACT WITH 'SAME SEX ONLY' OR 'BOTH SEXES' WERE SIGNIFICANTLY MORE LIKELY THAN STUDENTS WHO REPORTED ONLY OPPOSITE SEX PARTNERS TO USE PRESCRIPTION DRUGS, 2017



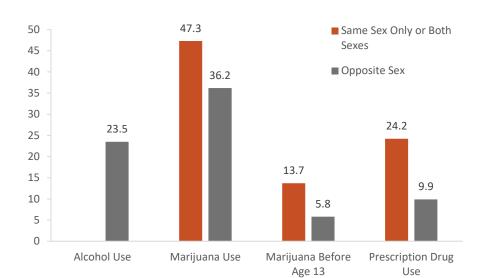
**OPPOSITE SEX** PARTNERS

# SEXUAL BEHAVIORS BY SEXUAL PARTNER

Students reported if they had ever had sexual intercourse, at what age they had sexual intercourse for the first time, and how many people they had sexual intercourse with during their lifetime. The charts below depict the percentage of high school students that report having engaged in sexual behaviors according to whom they have had sexual contact with: same sex/both sexes or opposite sex only.

# Drug and alcohol use by sexual partners

In 2017, students who reported having sexual partners of the opposite sex (38.1%) were significantly less likely to have ever had sexual intercourse compared to students who reported same sex/both sex partners (43.3%). Of which, a higher percentage of students with same sex/both sex partners had sex at an earlier age and reported having multiple partners.



STUDENTS WHO REPORTED SEXUAL CONTACT WITH 'SAME SEX ONLY' OR 'BOTH SEXES' WERE SIGNIFICANTLY MORE LIKELY THAN STUDENTS WHO REPORTED ONLY OPPOSITE SEX PARTNERS TO USE PRESCRIPTION DRUGS, 2017



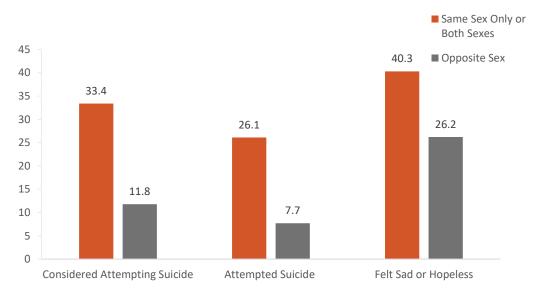


# SUICIDAL IDEATION AND BEHAVIOR BY SEXUAL PARTNER

Students reported if they had ever seriously considered attempting suicide or had attempted suicide one or more times in the 12 months prior to the survey and if they had ever felt sad and hopeless almost every day for two weeks in a row in the 12 months prior to the survey. The charts below depict the percentage of students that considered suicide, attempted suicide, and who felt sad or hopeless according to whom they have had sexual contact with: opposite sex only or same sex/both sexes.

# Suicidal ideation and behavior by sexual partner

Students who reported same sex or both sex partners were significantly more likely than students who reported only opposite sex partners to consider attempting suicide, have attempted suicide, and have felt sad or hopeless in the year prior to the survey.



VERSUS

# STUDENTS WHO REPORTED SAME SEX OR BOTH SEX PARTNERS WERE SIGNIFICANTLY MORE LIKELY TO ATTEMPT SUICIDE COMPARED TO STUDENTS WHO REPORTED ONLY OPPOSITE SEX PARTNERS, 2017

11.8%

OPPOSITE SEX PARTNERS

33.4% SAME OR BOTH SEX

PARTNERS

# **Sexual Minority Youth Summary Table**

Question	Sexual Partner	2013	2015	2017	Positive Change 2015-2017
Percent of Students who Felt Sad or Hopeless	Opposite Sex	26.8	32.2	26.2	$\checkmark$
	Same Sex Only or Both Sexes	48.9	54.1	40.3	$\checkmark$
Percent of Students who Attempted Suicide	Opposite Sex	8.0	8.9	7.7	$\checkmark$
Attempted Suicide	Same Sex Only or Both Sexes	20.6	25.0	26.1	
Percent of Students who had Sex Before Age 11	Opposite Sex	7.0	7.5	7.2	$\checkmark$
	Same Sex Only or Both Sexes	17.4	10.3	3.3	$\checkmark$

Trend analysis indicates that the percentage of students who report sexual contact with same sex or both sexes and who are engaging in riskier behaviors, such as sexual intercourse at an early age and experiencing depression has DECREASED in 2017; however, suicidal tendencies among same sex or both sex partners INCREASED in 2017. All behaviors remain well above the percentages of students who have sexual contact with only the opposite sex.

### The School Board of Broward County, Florida

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